



Section A, Part 2: Goal Setting

National Student Council Distinguished Student Leaders Worksheet (2 of 13)

Knowledge Builders

These are key concepts, terms, and processes for which you will be expected to demonstrate an understanding of or the ability to use or apply appropriately as a leader.

Take notes here, then provide no more than one paragraph per item in your portfolio to explain each of the following:

Portfolio

Label

A2.1 List 5 reasons to set goals and 5 reasons why people don't set goals.

A2.2 SMART goals

S – _____
M – _____
A – _____
R – _____
T – _____

Demonstration of Skills and Knowledge

You will demonstrate your knowledge of these items for your adviser and include no more than one paragraph in your portfolio for each of the following:

Portfolio

Label

A2.3 Describe a time when your council created a group goal. How did the process your council used compare to the National Student Council 4-Step Process (found on the Distinguished Student Leader webpages)? If your council did not follow the 4-Step Process, how do you think using the NatStuCo process would have affected their effort?

A2.4 Use a goal setting worksheet and SMART components to write one short-term goal that you can accomplish during the current school year. Write one long-term goal that reflects how you might apply leadership skills and knowledge after high school, for example, during your college years.