



Section A, Part 2: Goal Setting

**National Student Council
Distinguished Student Leaders
Activity Sign-Off Forms (2 of 7)**

Knowledge Builders:

- 2.1 Identify 5 reasons to set goals and 5 reasons why people don't set goals. Completed Date: _____
- 2.2 Identify the parts of SMART goals. Completed Date: _____

Demonstration of Skills and Knowledge:

- 2.3 Use the NatStuCo 4-step process to write a group goal. Completed Date: _____
- 2.4 Create one short- and one long-term goal. Completed Date: _____

Adviser Initials and Date: _____

